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# It's Not Your Fault, Koko Bear: A Read-Together Book For Parents And Young Children During Divorce (Lansky, Vicki)





## Synopsis

This easy-to-understand children's story and parenting guide is intended for families where both parents plan to stay active and involved in their child's life. "It's Not Your Fault, KoKo Bear" revolves around a lovable bear who doesn't want to have two homes. KoKo's experience will help children learn what divorce means, how family life will change, and understand that the divorce is not their fault.

## **Book Information**

Series: Lansky, Vicki Paperback: 32 pages Publisher: Book Peddlers, The (December 15, 1997) Language: English ISBN-10: 0916773477 ISBN-13: 978-0916773472 Product Dimensions: 0.2 x 7.8 x 7.8 inches Shipping Weight: 2.4 ounces (View shipping rates and policies) Average Customer Review: 4.3 out of 5 stars Â See all reviews (86 customer reviews) Best Sellers Rank: #19,830 in Books (See Top 100 in Books) #13 in Books > Children's Books > Growing Up & Facts of Life > Family Life > Marriage & Divorce #25 in Books > Parenting & Relationships > Family Relationships > Divorce #288 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings Age Range: 3 - 7 years Grade Level: Preschool - 2

#### **Customer Reviews**

This is a wonderful book and I am grateful that it was written and published. My kids have had this book read to them by both me and my ex-wife at both of our homes, and it made a difference to them. It teaches them that the divorce is not their fault, which is a surprisingly tenacious thought pattern. I read it to my kids 3-5 times a week for several months, and still remember my daughter's exclamation when she truly processed that the divorce was because of the parents and not the kids, "Ohhhhhhhh!" I am purchasing this book for a second time because after not having read it for many months, I passed it on to a friend with a youngster who is divorcing. We then moved to a new house and my 8 year old is going through many of the divorce emotions again, and she specifically requested this book and said "I love that book". There is one excellent page with nothing but

drawings of Koko Bear showing him feeling different emotions. Instead of asking your child how they feel, which they often cannot explain (heck even adults have trouble!), you can have them point to a picture of Koko Bear and then talk about that emotion. This book will not make the pain of divorce go away, but it provides a good way to learn that what they are feeling is normal and appropriate, that they are not alone in feeling the way they do, and that life will be okay even if it is not what we want.

Located in a small community, resources are non existent for a parent seeking help in dealing with divorce and its effects on children. I am so glad to have found this book. It allows the child to associate and identify on his or her own. I purchased several other books on the subject, but nothing came close for this age group. I would suggest Lansky's book, "Divorce Book for Parents" as a must as well.

This book hits home the message that divorce is not a child's fault, and that parents still love them, though now they are a family apart. My child was only 18mos. during that difficult marriage problem/separation period, and two years later raised many questions why Mommy and Daddy were divorced. This book helped to answer those important questions, and gave me excellent "talking points" to utilize.

My son is 3 1/2 and is having a hard time understanding why Daddy and Mommy don't live together anymore. This book helped me introduce the word Divorce to my son and was useful in explaining how to help my child cope with the feelings and trauma of separation. It gives useful tips to parents on how to talk and draw out your feelings. The illustrations were great and very realistic. My son wanted to read it twice!

It's Not Your Fault Koko Bear, is an excellent read aloud for a younger child. The fact that Koko is not gender specific makes it appropriate for all children and answers questions that many of the children will have. It is a lovely story and parents, grandparents, or councelors could make use of it. I can see this book being one of the books a young child will want read over and over. I especially loved the "bears blessing" that the mamma and pappa bear recited at night for Koko.

To my 5-year-old, one of the hardest things to conquer was simply understanding what divorce is. This book made a huge difference to him--it gave him explanations, structure, validation and helped him to find what's positive about his new family situation. He keeps this book by his bed in a special spot because it has so much significance for him. I bought it before my husband and I separated, and put it aside for him for the time when he was ready to ask questions and be receptive to the answers. It made him feel better that a special book had been written just for young children experiencing divorce...it let him know that his experiences were shared by other children.

This book is an excellent tool to pave the way for discussions on an extremely difficult subject. While it is suggested for older children, it certainly is appealing to younger children. Most helpful is the text for the parent, shown on each page, explaining the difficult emotions that children feel when their parents are divorcing. For the child, it presents divorce in a realistic way, and validates the confusion, fear, and anger so prevalent in children of divorcing parents. This book is a "must-have" for your children's library if you are divorcing.

When I first bought this book I thought it was too advanced for my 5 year old son. I was wrong. My son instantly connected to Koko, the little boy bear who was very confused by the separation of his parents. The book described the exact emotions that my son was feeling. It gave my son some helpful coping tips and it also helped me explain things that I did not know how to put into words for a 5 year old. This is a great book for a young boy dealing with his parents separation and divorce.

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